

SWITZERLAND'S JURA CREST TRAIL

A two week trek from Zurich to Geneva

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This guidebook describes the Jura Crest Trail – one of Switzerland's seven national long-distance trails – which traverses the rolling high plateau of the Swiss Jura to link Dielsdorf near Zurich with Nyon on the shores of Lake Geneva. Also known as the Jura High Route, the 310km route is presented in 14 stages of 16–32km. Clear route description and mapping are accompanied by practical advice on transport, accommodation, weather and itineraries, notes on facilities available on route and interesting facts about points of interest along the way.

Whilst the undulating terrain calls for a moderate level of fitness, the Jura boasts excellent walking infrastructure, meaning that you are never too far from a mountain restaurant or bed for the night. Excellent transport links further add to the convenience.

For much of its duration, the Jura Crest Trail runs roughly parallel to the Swiss-French border, passing through an area rich in geological, natural and historical interest. The route takes in Switzerland's largest lake (Lake Geneva) and the largest lake in the Jura mountains (Lac de Joux), cols and passes, farmland, forests and meadows, mountain summits, medieval towns and fascinating World War II defences.

Key marketing points

- One of Switzerland's seven national long-distance trails
- Considered a classic among international long-distance trails

About the author

Ali Rowsell is a full-time teacher who has worked internationally, in countries including Australia, South Korea and Switzerland. She specialises in the outdoors, in particular mountain walking, and is a freelance International Mountain Leader. Based in Sussex, Ali continues to venture into Switzerland on a regular basis: having lived in the southern part of the Jura, she is very familiar with the local area and enjoys summer and winter activities in the mountains around Lac de Joux.

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