PORTUGAL'S ROTA VICENTINA

The Historical Way and Fishermen’s Trail

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Guidebook to walking Portugal’s Rota Vicentina, a stunning 220km route down the southwestern Atlantic coast, through the Alentejo and Algarve districts. The route, which is suitable for all fit walkers and is not technically difficult, is described across 12 stages, making it perfect for a two-week holiday.

Walkers who appreciate sunny days, invigorating sea air, dramatic cliffs and awesome ocean scenery, not to mention fresh fish, charming guesthouses, mouth-watering traditional Portuguese cuisine and inimitable custard tarts will relish their time on the Rota Vicentina, and will no doubt be tempted back, time and time again.

Easy to follow route description, together with topographic maps at a scale of 1:100,000 are provided in this guide, as is handy practical information about local transport, accommodation, food, drink and necessary gear. The author has also offered suggestions for shorter walks – including four, six and nine-day options, and has described four additional inland stages for those seeking a circuit option.

Key marketing points
- In February 2016, the Historical Way of the Rota Vicentina has been certified by the European wide label “Leading Quality Trails - Best of Europe”, a certification from ERA - European Ramblers Association - joining the exclusive group of the best walking destinations in Europe.

About the author
Gillian Price has trekked throughout Asia and the Himalayas but now lives in Venice and is exploring the mountainous and flatter bits of Italy and the Mediterranean. Starting with the Dolomites, Gillian has written outstanding Cicerone guides to walking all over Italy as well as Corfu, Corsica and now Portugal. An adamant promoter of the use of public transport to minimise environmental impact, she is an active member of the Italian Alpine Club CAI. Check her out at www.gillianprice.eu.

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