

THE ISLE OF MULL

Mull, Ulva, Gometra, Iona and Erraid

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This guide offers a comprehensive selection of walking routes on the Isle of Mull in the Inner Hebrides, as well as the neighbouring islets of Iona, Ulva, Gometra and Erraid. Easily accessible from Oban on the west coast of Scotland, Mull boasts wild, rugged scenery and a spectacular coastline, as well as outstanding opportunities for observing wildlife, including deer, otters, golden and sea eagles, dolphins and harbour porpoise.

The guide contains 47 circular and linear routes of between 3km and 26km (2–16 miles), ranging from short circuits close to civilisation to long, remote and demanding mountain traverses. Many walks cross tough, trackless terrain, but there are few technical difficulties and experienced, properly equipped walkers will find them hugely rewarding. Step by step route description is accompanied by OS mapping and information on local points of interest. A list of useful contacts and a glossary of Gaelic place-name elements can be found in the appendices.

The walks have been carefully selected to showcase the best of Mull's stunning scenery, from unspoilt hills and glens to white-sand beaches and striking sea cliffs. They take in high mountains, tranquil lochs, headlands, valleys and forests, and include an ascent of the island's only Munro, Ben More. With plenty of background information about its rich history and fascinating geology, this guide will appeal to those who know Mull well as much as those who are discovering it for the first time.

About the author

Dr Terry Marsh is a Lancashire-based award-winning writer and photographer who specialises in the outdoors, the countryside, walking and travel worldwide. He has been writing books since the mid-1980s, and is the author of over 100 titles. He holds a PhD in Historical Geography and is a Fellow of the Royal Geographical Society and the Society of Antiquaries of Scotland and an Honorary Life Member of the Outdoor Writers and Photographers Guild.

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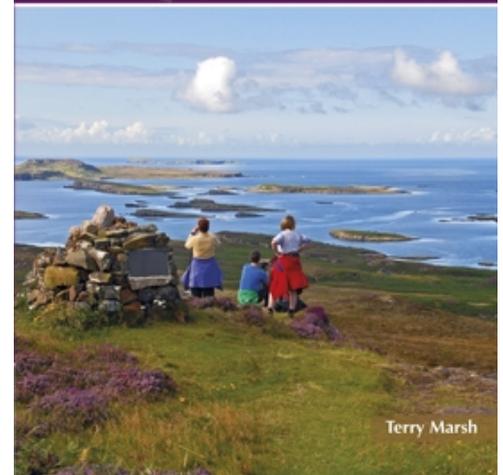
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