

WALKING LOCH LOMOND AND THE TROSSACHS

70 walks, including 21 Munro summits

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This guidebook details over 70 routes among the mountains, hills and glens of the Trossachs and Loch Lomond. It suggests the most straightforward routes to each of the area's 21 Munro summits of 3000ft and over – including Ben Lomond, Ben More and Ben Lui and the Arrochar Alps – but also seeks out the wilder and less walked alternatives. It covers the many smaller but equally worthwhile hills in the area, from the Cobbler to the Luss Hills and Ben Ledi.

Loch Lomond and the Trossachs make up Scotland's first national park. They are the first, and most accessible, of the Highlands if approaching from the south. They are also first in the affections of many hill-goers. With their easy access, convenient shops and accommodation, and public transport by road, rail and water, these slightly less daunting mountains make an excellent introduction to the Scottish Highlands.

Ranging from 1 to 17 miles, the routes in the guide are graded according to length and difficulty, from short, loch-side strolls to long, challenging mountains routes that may require navigational skill and some scrambling. Illustrated with OS mapping, the route descriptions are clear and easy to follow.

Key marketing points

- The Loch Lomond and Trossachs National Park is Scotland's most popular countryside destination
- 7 million visitor days

About the author

Ronald Turnbull writes regularly for TGO, Lakeland Walker, Trail and Cumbria magazines. His previous books include Across Scotland on Foot, Long Days in Lakeland and Welsh 3000ft Challenges. He has written many other Cicerone guides, including Walking in the Lowther Hills, The Book of the Bivvy and Not the West Highland Way.

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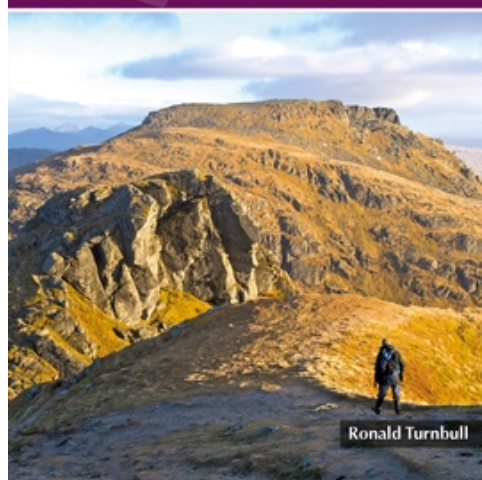
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