

WALKING IN THE ALGARVE

33 walks in the south of Portugal including Serra de Monchique and Costa Vicentina

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This guidebook presents 33 walks in Portugal's beautiful Algarve. Boasting good weather, easy access via Faro airport, stunning scenery and some great hiking trails, the region is a perfect destination for a walking holiday.

Ranging from 3.5 to 17km, the routes cover the rugged Vicentina Coast and sun-kissed south coast, the Monchique mountains and traditional villages of the eastern Algarve. Many can be accessed by public transport and details, along with tips on refreshment opportunities on route, are provided in the text. The route description is accompanied by clear mapping and notes on local points of interest.

With information on the Algarve's history, plants and wildlife and advice on travel and potential bases, the guide is an ideal companion to exploring the region. Highlights include Cabo de São Vicente, Europe's most southwesterly point; the Algarve's highest peak, Fóia (902m); historical sites; striking cliffs, arches and sea-stacks; and idyllic beaches.

Key marketing points

- With year-round sunny weather, compact geography and friendly people, the Algarve is truly a wonderful place to walk

About the author

Nike and Jacint met many years ago on a long coach journey as they both travelled into the unknown to build a new life in a different country. It wasn't long before they became inseparable. Travelling quickly emerged as their favourite activity and now wherever they go they try to find the best trails. They would love to share their passion for walking with others.

Nike went to journalism school and Jacint is a keen photographer. They moved from London to Surrey where they can enjoy the countryside and hills.

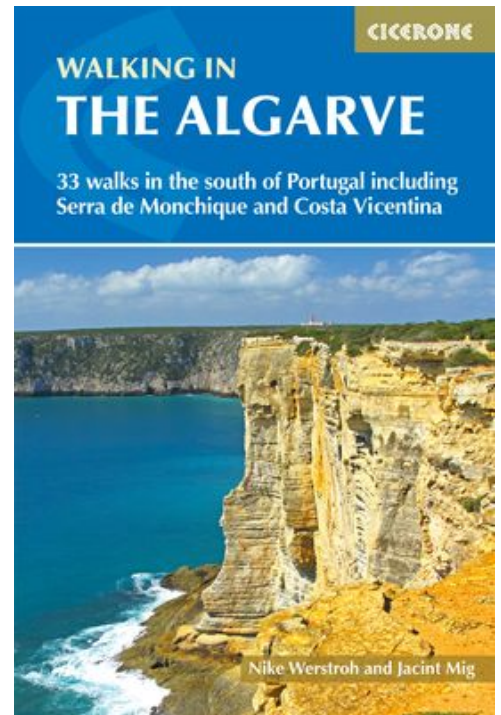
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