

# TREKKING THE GR7 IN ANDALUCIA

From Tarifa to Puebla de Don Fadrique

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This guide describes the Andalucían section of the long-distance GR7 route, itself part of the even longer E4 cross-Europe route. Extending from coastal Tarifa in Cádiz province to Puebla de Don Fadrique in Granada, the route splits at Antequera; both the northern variant, via the provinces of Córdoba and Jaén, and the southern variant, through Granada province, are described. The full route comes in at 738km or 770km (depending on which variant is chosen) and will take well over a month to walk; however, the guide also includes suggestions for week and fortnight-long itineraries focusing on some of the highlights.

The GR7 showcases Andalucía's rich history and culture and diverse landscapes, which include pine forests, semi-arid desert badlands, snow-capped peaks, fertile plains, lush valleys, olive groves and hills of cork woodland. Historic towns and traditional whitewashed villages offer overnight accommodation.

In addition to clear route description and mapping, the guide provides background information on local history, plants and wildlife, and advice for planning your trip, such as when to go, what to take and where to stay.

## Key marketing points

- Part of the European E4 cross-Europe route.
- With easy access from the UK, the route can be walked in sections if desired.

## About the author

Guy Hunter-Watts has lived and worked in Andalucía since the 1980s. After studying at the universities of Santiago and Salamanca, he taught English in South America before moving to the Ronda mountains where he has been leading guided walks for almost 30 years. His work as a walking guide and freelance journalist has taken him to many corners of the planet including India, Namibia, Tanzania, Latin America and Mongolia.

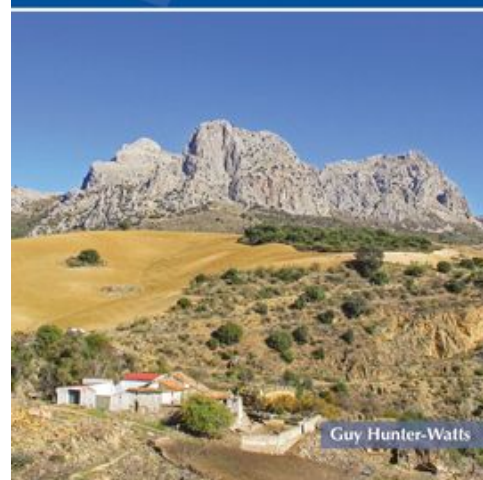
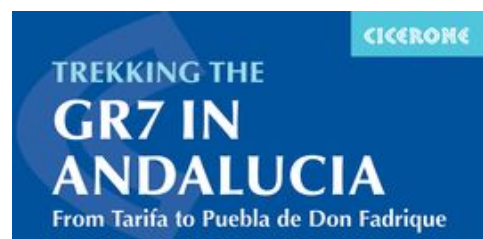
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