

PRESS RELEASE

Year-round hands-on fun without heading for the Highlands

SCRAMBLES IN THE DARK PEAK

Easy summer scrambles and winter climbs
by Terry Sleaford, Tom Corker

A guidebook sure to excite those looking for alternative and exciting ways onto the Dark Peak's moorland tops. Describing over 40 graded scrambles in and around locations such as Kinder Scout, the Wilderness Gullies and Bleaklow, the guide includes both classic and lesser known routes, most of which can be done all year round.

The UK's first designated national park, the Peak District covers some 1400 square kilometres and forms the southern end of the Pennines. Easily accessible from Manchester, Sheffield, Nottingham and Derby, the Park is a popular walking and climbing destination. But bedazzled by the climbing hotspots and multitude of footpaths criss-crossing the area, few people are aware of the brilliant scrambling opportunities that exist.

Clear route description, together with information on approach, link routes, variants and extensions, is accompanied by extracts of 1:25,000 OS mapping. Also included is useful practical information regarding safety, equipment, access and conservation. Perfect for adventurous walkers who might wish to add a little more 'spice' to their outings, and also those with some rock-climbing experience who may be looking for something away from the mainstream crags while retaining some element of 'hands-on' contact with the rock.

What's inside?

- over 40 routes with many variants in Chew Valley, near Crowden, on Bleaklow and Kinder Scout and in the Roaches
- large-scale OS map extracts and some topos to pinpoint scrambling sections
- advice on equipment, conditions, grades, access and conservation restrictions

About the authors

Born, bred and still living in Nottingham, Terry Sleaford gained significant British climbing experience in his 20s, including on snow and ice. He has spent many days on these crags and moors over the last 45 years. Tom Corker has been walking and climbing in the Peak District for over 50 years and has extensive experience of British and Alpine mountaineering in both summer and winter.

Front cover

Key information

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- Interesting ascent routes for the more experienced walker and climber
- Bridges the gap between easy moorland walking and classic gritstone climbs

For further information, or to receive a review copy please contact Hannah hannah@cicerone.co.uk
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