

# PRESS RELEASE

## Wide horizons, with space and solitude in abundance

### WALKING IN NORTHUMBERLAND

Front cover

36 walks throughout the national park - coast, Cheviots, Hadrian's Wall and Pennines  
by Vivienne Crow

This guidebook comprises 36 graded walks of between 4 and 14 miles in England's most sparsely populated county. Ranging from easy ambles and gentle woodland trails to long days on the hills, there is something for all types of walker – and all types of weather. Taking in the beautiful coast with its immense, empty beaches and dramatic crag-top castles to the remote hills of the Cheviots and Pennines, the whole county is covered. Most of the routes are circular, but there are a few linear walks that make use of local bus services.

Mountains, moorland and sandy coast provide some of the finest walking in England, and without doubt the most secluded. The big skies, largely free of pollution and man-made constructions, open up views that stretch on for miles. The landscapes are rich in history, featuring Hadrian's Wall, Lindisfarne Priory, Bamburgh and Dunstanburgh castles.

Each walk description contains information including distance covered, total ascent, approximate walking time, transport options, public toilets and refreshments, and is accompanied by 1:50k OS mapping. The book also includes a handy route summary table.

#### What's inside

- 36 graded walks between 4 and 14 miles
- 1:50k OS mapping
- Route summary table

#### About the author

Vivienne is an award-winning freelance writer and photographer specialising in travel and the outdoors. A journalist since 1990, she abandoned the constraints of a desk job on regional newspapers in 2001 to go travelling. On her return, she decided to focus on the activities she loves the most – hill-walking, writing, travelling and photography. Based in north Cumbria, she has put her intimate knowledge of northern England to good use, writing more than a dozen popular walking guidebooks. She contributes to a number of regional and national magazines, including several regular walking columns. Vivienne is a member of the Outdoor Writers and Photographers Guild.

#### Key information

Published Jun 2020

By Vivienne Crow

£12.95

224pp

Paperback Gloss Laminated

**ISBN:** 9781852849009

- England's most sparsely populated county
- Take in the World Heritage Site of Hadrian's Wall
- Written by Vivienne Crow, an award-winning freelance writer and photographer

For further information, or to receive a review copy please contact Hannah [hannah@cicerone.co.uk](mailto:hannah@cicerone.co.uk)  
01539 587985