

# PRESS RELEASE

## Rooms with a view

### THE MOUNTAIN HUT BOOK

by Kev Reynolds

For those who love wild places, there is nothing more magical than a night spent in the mountain hut, with spectacular views and the stars for neighbours. This entertaining and informative book is a celebration of mountain huts. It explores their development from primitive and often squalid beginnings to a valuable network for people who venture into the mountains. It will appeal both to those new to the experience of staying in huts as well as old hands.

A mountain hut is a purpose-built refuge situated high in the mountains. It can be a meeting place for climbers who want to tackle a particular route; or staging post for trekkers on a multiday tour; or just somewhere for walkers to visit on a day's hike from a valley base.

Drawing on the author's long experience of staying in hundreds of mountain refuges, from the quirky to the eco-friendly, it examines hut life, what facilities to expect and hut conventions. With entertaining stories, it brings to life the people who use huts and the people who run them, and celebrates the camaraderie of shared experience in a beautiful mountain setting.

There are profiles of the author's 10 favourite huts in the Alps and Pyrenees, giving the best approach routes and suggestions for ascents and outings from them. 10 hut-to-hut walking tours of between 3 and 13 days duration are also outlined, including the Tour of Mont Blanc, Tour of the Bernina and the Alta Via 2.

#### What's inside?

- directory of Alpine huts
- profiles of top ten huts
- outlines of hut-to-hut tours

#### About the author

Kev Reynolds is a freelance writer, photojournalist and lecturer. A prolific compiler of guidebooks, his first title for Cicerone Press (*Walks & Climbs in the Pyrenees*) appeared in 1978; he has since produced many more titles for the same publisher, with others in the pipeline. A member of the Outdoor Writers' Guild, the Alpine Club and Austrian Alpine Club, his passion for mountains and the countryside remains undiminished after a lifetime's activity, and he regularly travels throughout Britain to share that enthusiasm through his lectures.

Front cover

#### Key information

Published Apr 2018

By Kev Reynolds

£14.95

256pp

Paperback Gloss Laminated with flaps

ISBN: 9781852849283

- unique book for mountain enthusiasts
- Kev Reynolds is one of the world's greatest authorities on mountain and Alpine walking and trekking

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