

PRESS RELEASE

Walking for all ages and abilities in Snowdonia National Park

SNOWDONIA: 30 LOW-LEVEL AND EASY WALKS - SOUTH

From Ffestiniog to the Dyfi, and Bala to the coast
by Alex Kendall

While famous for its mountains, Snowdonia National Park also features an expansive coastline of sandy beaches and wildlife-rich estuaries. Inland, the Welsh landscape showcases mossy-banked rivers, gorges and thundering waterfalls in ancient broadleaved woodlands, while tranquil valleys and moorlands dotted with ruined castles, mines and forts provide panoramic views of surrounding lakes and mountains.

This guidebook provides 30 day walks ranging from 3km to 18km, and all the information needed for walkers of all ages and abilities to enjoy a day out in Snowdonia National Park. As the second of two volumes to low-level and easy walking in Snowdonia, this guide covers the southern region between Llan Ffestiniog and Machynlleth. Places to stay include picturesque coastal towns of Harlech, Barmouth and Aberdyfi, and lakeside settlements of Trawsfynydd and Y Bala.

Each walk features in-depth route description and 1:25,000 or 1:50,000 OS mapping, alongside a wealth of insights into the history, geology and wildlife of the area. To aid navigation, the guide supplies what3words addresses for start and finish points and postcodes for car parks, as well as refreshments and facilities available on each route.

What's inside?

- Detailed route summary table and overview map to help plan days out
- Appendix of useful contacts for tourist information and accommodation
- Introduction full of planning information, local history and geology

About the author

Alex Kendall is an international mountain leader and has been walking in Snowdonia for most of his life. Alongside his two guides to low-level and easy walking in Snowdonia, Alex developed the Snowdonia Way, a new long-distance trail, and produced a guidebook to the route with Cicerone in 2017. He enjoys walking, mountaineering and fellrunning and lives in Cumbria, in the western reaches of the Yorkshire Dales National Park.

Front cover

Key information

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- Discover waterfalls, beaches and woodland of Snowdonia National Park
- Low-level day walks suitable for all the family
- Easy-to-follow route description and OS mapping for each walk

For further information, or to receive a review copy please contact Hannah hannah@cicerone.co.uk
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